

# SCOTS Regimental Association

## COVID-19 - Scottish Govt Policy Restrictions to continue...

Stricter restrictions continue in Glasgow and areas of Renfrewshire & Lanarkshire. Scotland's new rules include: indoors or outdoors gatherings must not exceed 6 people from two households.

<https://www.gov.scot/news/localised-restrictions-to-continue/>

The contact tracing app **Protect Scotland** is now available to download. <https://protect.scot/>  
**Wear** a face covering; **avoid** crowded places; **clean** hands & surfaces regularly; **stay 2m away from other people**; **self-isolate & book a test** if you have COVID-19 symptoms.

<https://www.gov.scot/coronavirus-covid-19/>

## Army & You ...has re-emerged

after months of lockdown, this autumn's Army&You is all about finding time for yourself exploring free training resources specifically for the Forces family community.

• **Army Families Federation**  
<https://aff.org.uk/>



## The Veterans Welfare Service (VWS)

<https://www.gov.uk/guidance/veterans-welfare-service>

Run by the MOD's Veterans UK it provides free one-to-one support, professional help & advice to veterans or anyone supporting a veteran, their families & dependants. With a network of welfare managers across the UK & Republic of Ireland & working together with the Royal Navy, British Army, & Royal Air Force, local authorities, voluntary organisations, service charities & Veterans Advisory & Pensions Committees they provide a free welfare service

that ... **promotes independence, maintains dignity and provides continuous support through life.**

## CONTACTS AND INFORMATION

Call the Veterans UK Helpline on:

0808 1914 2 18

Monday to Friday: 08:00 – 17:00

Overseas callers: +44 1253 866043

Bereavement and Minicom Line: 0800 169 3458

Ministry  
of Defence

Bulletin 11



## The Defence Medical Welfare

**Service is now** providing welfare support for veterans undergoing a period of medical treatment, including hospital discharge, in the Scottish Borders. Between the Fife & Borders service the team also has some capacity to provide support in Edinburgh. To find out more contact Michael Lowrey, Welfare Officer Scottish Borders 07920702331

[lowrey@dmws.org.uk](mailto:lowrey@dmws.org.uk)  
[www.dmws.org.uk](http://www.dmws.org.uk)

## The Venture Trust - Building a safer, more equal & healthier Scotland

- is resuming wilderness-based delivery from mid-October, planning to run 9 mini journeys with small groups. Venture Trust leads the way in intensive personal development for those struggling with long term unemployment, isolation, recovery from addiction, homelessness, involvement in the criminal justice system in Scotland, & a history of trauma or harm. Their new service provides tailored support by phone/digital platforms.

<http://www.venturetrust.org.uk/>

**Be well. Be connected. Be Ready.**

## Useful links

### • Veterans UK

Freephone: (UK) 0808 1914 2 18 (overseas): +44 1253 866 043  
<https://www.gov.uk/government/organisations/veterans-uk>

### • Veterans Scotland

0131 550 1569  
<http://www.veteransscotland.co.uk/>

### • SSAFA

If you need financial support see:  
<https://www.ssafa.org.uk/get-help/find-local-branch>

### • Poppyscotland

0131 557 2782 Welfare Service  
<https://www.poppyscotland.org.uk/>

### • Legion Scotland

0808 800 1007 Help & Advice  
<https://www.legionscotland.org.uk/>

### • Veterans First Point (V1P)

Call 0131 221 7090 or email:  
[V1P.Scotland@nhslothian.scot.nhs.uk](mailto:V1P.Scotland@nhslothian.scot.nhs.uk)  
<https://www.veteransfirstpoint.org.uk/>  
**V1P Crisis contacts...**  
Breathing Space – 0800 83 85 87 – <http://breathingspace.scot/>  
Combat Stress – 0800 138 1619  
Living Life – 0800 328 9655  
Samaritans – 116 123  
<https://www.samaritans.org/>  
NHS 24 – 111 <http://www.nhs24.com/>  
Police Scotland – 101  
**Please note the V1PTayside email address is now [tay.vfp@nhs.scot](mailto:tay.vfp@nhs.scot)**

### • Combat Stress

24hr helpline. 0800 138 1619  
<https://www.combatstress.org.uk/>

### • Scottish Government

Armed Forces & Veterans Community support:  
<https://www.gov.scot/policies/veterans-and-armed-forces/>

### • Unforgotten Forces

Services for older veterans.  
<https://www.poppyscotland.org.uk/get-help/unforgotten-forces/>

## Warm Home Discount Schemes

**Energy suppliers have started to open their Discount Schemes. Eligible clients could get £140 off their winter electricity bill. Call 0808 808 2282 or email [adviceteam@sc.homeenergyscotland.org](mailto:adviceteam@sc.homeenergyscotland.org) for more information.**

Welfare Office RHQ SCOTS The Castle Edinburgh EH1 2YT. OPEN 0800-1630 MONDAY- FRIDAY  
MAJ NORRIE MACKINNON 0131 310 5090 | BRYAN DICKINSON 0131 310 5043

## CIVIL SERVICE JOBS

<https://civilservicejobs.service.gov.uk/>  
Register to receive job alerts

### Security & Network Engineer

Edinburgh, Inverness

£35,684 **Closes 21 Sep** Ref:69192

This post will be responsible for supporting the network security infrastructure with a focus on Firewalls (Checkpoint, ASA, Fortinet) to protect data & connectivity with others including SG. **Required:** Experience working in an enterprise environment with responsibility for configuring & managing network security devices. Good communication with ability to present technical information to a non-technical audience. Degree / recognised qualification in IT, Networks or Cyber Security.

*Alternatively substantial vocational experience will be considered;*

**Desirable:** Experience of Govt. security standards & networks.

**Certification Officer** (IRC84609E)  
(10 posts) - Shotts

**Closes 22 Sep** Ref:67642

£30,652 **23mths Fixed** Scottish Government

To deliver export certification in approved establishments for export of products of animal origin, primarily fish & fish products.

**Required:** Strong organisational skills, adaptable & able to deliver to agreed timescales & deadlines. Excellent verbal (English) & written communication skills. Ability to lead & work independently with minimum supervision.

### Deputy Director Engagement & User Insight

- Emergency Services Network. Home Office UK/Scotland  
£70,000 **Closes 23 Sep** Ref:69587

**Required:** Experience leading multi-disciplinary projects in a large-scale IT enabled business change Programme. Excellent leader, able to develop a motivated, engaged & high performing multi-disciplinary team. Excellent negotiation skills.

**Desirable:** Experience working in or with the Emergency Services. Understanding of training & business change best practice. Experience of government major programmes. Project Delivery qualifications.

### Physical Security & Resilience

**Manager** - HM Revenue & Customs  
Edinburgh

£51,050 **Closes 24 Sep** Ref: 60569

To be subject matter expert/senior manager & lead for Physical Security expertise & Resilience in HMRC Estates. **Required:** Engineering/ security qualification CEng / IEng or Level 6 Professional Diploma in leading/managing the security function. Degree.

### DIO - Defence Training Estate Scotland & NI Regional

**Assurance Manager** - Rosyth  
£33,000 **Closes 27 Sep** Ref: 69865

### Government Quality Assurance Manager

- ID 6 - MoD Coulpport  
£33,000 **Closes 27 Sep** Ref:68484

### Test & Trace - Grade 6 - Data

**Roles** Dept of Health & Social Care  
**Remote roles at differing levels anywhere in the UK:**

£60,586 **Closes 7 Oct** Ref:68946

£35,747 Ref:68973

£28,122 Ref:68981

## MY JOB SCOTLAND

<https://www.myjobscotland.gov.uk/>

### Facilities Officer Manager

SGS00028 - Edinburgh

£30,399 40hrs **Closes 30 Sep**

To take over daily management of the estate & facilities office. To improve efficiency and modernise systems and procedures within the office. **Required:** Dynamic manager with strong communication skills and experience of implementing systems and procedures within an office environment. *Experience of working in an educational setting desirable, but not essential.*

## CHARITY JOB Website

<https://goodmoves.com/>

### Workshop & Community Manager

The Edinburgh Tool Library

£22,000 38hrs Eves & Weekends

**Closes 25 Sep**

Initially to work in two libraries, working with volunteers & staff to ensure members are able to borrow tools in a safe way.

**Required:** Eligibility to work with those facing barriers  
o Knowledge of tools/equipment/maintenance & health & safety  
o Good computer literacy  
o Current, clean driving

licence  
o Flexibility of thought, adaptability, & patience  
o Friendly & approachable  
o Confidence  
o Autonomy  
o Collaborative approach to leadership & teamwork  
o Not afraid to get your hands dirty!

### Health & Safety Advisor, General

Trustees The Church of Scotland  
£28,229 35hrs 2yrs **Closes 25 Sep**  
Experienced Health & Safety Advisor to actively contribute to the delivery of one of the General Trustees charitable objectives, assisting congregations in the provision of suitable & safe buildings for each parish across Scotland.

**Required:** Experience of working professionally with a wide variety of different service users in contributing to the delivery an occupational health & safety service. Home based + visits to the National Office of the Church of Scotland in Edinburgh. Frequent travel. Occasional eves & weekends. Candidates must have access to their own vehicle, & all travel expenses will be paid. Fantastic opportunity for those considering a career in health & safety within the Charity sector.

### Manager - Watermill Foundation (Highland Cycle Ability Centre)

Watermill, Charity No. SC042811, (Highland Cycle Ability Centre) is looking for a manager to lead it forward.

Established in 2013, it is 9 miles from Inverness & 9 miles from Nairn. It has full facilities for able & disabled cyclists. Facilities include administration building, 1 kilometre tarmac track, adventure track, cycle sheds housing approx 60 cycles of varying types, & about 4 acres of amenity land.

Manager would be responsible for small staff of three, all track operations & activity & Outreach programme taking the cycles around Scotland, including islands. Also responsible for administering Watermill Enterprises, a small social enterprise company, the whole being referred to as "Watermill". *Because of COVID restrictions apply by email, in the first instance to McGregor, [rosevalleyfarm@btinternet.com](mailto:rosevalleyfarm@btinternet.com)*